

HOW KIDS CAN HELP ANIMALS IN NEED

AN ALLBARC GUIDE

WHY
SPAY
AND
NEUTER?

KIDS EDITION

You Have
a Voice,
Here's
How to
Use It.

10 WAYS KIDS
CAN HELP
ABUSED,
NEGLECTED
AND
HOMELESS
ANIMALS



Helping the Healthy, Elderly and Impaired

All Breed Animal Rescue of the Carolinas (ALLBARC) is a 501(c)(3) non-profit committed to rescuing homeless, neglected and abused domestic animals, providing them with any medical or behavioral treatment they need, and rehabilitating them as long as they need. Finally, once they are ready, we find them the right family who will give them lots of love and see to their daily needs.

Since 2009, Founder, Brittany Thadani and her small team of volunteers have saved over 1000 animals (predominantly dogs). ALLBARC's primary goal is to rescue the ones who normally would not be saved due to age, medical condition, and/or long-term care needs. Each month, they take in several special cases and their success rate has been phenomenal.

Trooper showing the ice cream cone who's boss!

"We can judge the heart of a man by his treatment of animals."
-Immanuel Kant

**In 2018,
North
Carolina
euthanized
55,900 cats
and dogs,
the 3rd
highest in
the
country!**

The good news is those numbers have gone down this year, but we are still far away from our ultimate goal of no euthanized pets at all.

HOW CAN YOU HELP?

Population control is a big factor. By reducing the number of unwanted pets the number of animals taken to shelters will drop. **The best way to do that is to spay or neuter your pets.**

Education is essential in order to help reduce abuse and neglect. Oftentimes people don't even realize they are neglecting a dog when they don't trim their nails or take them to get vaccines. By sharing what you learn here and from our discussion, you can help spread the word and share your knowledge.

While being kind to animals is certainly a nice thing to do, it is most certainly the right thing to do. Should you see someone mistreating an animal, tell a parent and get them help.

WHAT CAN YOU DO?

Throughout this guide, we've provided 10+ different ways you can help us educate the public and rescue animals in need. That requires you to:

- **Spread the message about spaying and neutering and why it's important to saving the lives of thousands of dogs a day; and**
- **Educate the public on the importance of treating animals with love and kindness.**

Please let us know if you need any resources to help in your endeavors. We have flyers, cards and information sheets you can use.



10 Ways Kids Can Help Rescue Animals in Need

Start with Your Friends and Family

Educating people you know on the importance of Spaying/Neutering your dogs and cats is a great way to start helping animals in need. It will also help you practice HOW you will present the issues. Let them know:

- North Carolina has the 3rd highest euthanasia rate in the country.
- Spaying and neutering are important for reducing pet overpopulation and the easiest way people can help.
- Share a specific story about overbreeding and how it's hurting specific breeds. Here's an example: **Trooper**
- Let them know they can also help by donating to a local animal rescues like **All Breed Animal Rescue of the Carolinas**

Become an advocate for ALLBARC

Thanks to the many technological advances over the last 20 years, kids everywhere are speaking up and they are getting noticed. **You have a voice!** Talk with your parents and let them know you want to use that voice to become an animal advocate. An animal advocate is someone who believes in the right of animals to exist without fear of abuse, exploitation or extermination. Animal advocates work hard and fight so that this right is upheld. Animal advocates can be individuals, or people who volunteer or work for an animal welfare organization. Here's a few tips from www.dogtagart.com to get you started:

- **Inform yourself.** The first step to becoming an animal advocate is to get informed. Research animal welfare issues that affect the area you live in and choose one or two to support. These issues may include overpopulation, sterilization, feral cats, dog fighting, neglect and abuse or access to veterinary care. In addition, be sure to investigate the state and federal laws that affect the issues you are most interested in supporting. **The Humane Society** offers abundant information on animal welfare legislation.
- **Get to know local organizations.** Next, get to know any local organizations that work towards the cause of your choice. Reach out to such organizations. Call or email them and if possible ask your parents to take you to visit their headquarters. Find out how they work, what kind of support they need, and how you can get involved.
- **Volunteer.** One of the best ways to get to know the needs of your community is to do some hands on work at your local animal shelter or rescue. **Sign up as a volunteer.** Not only will you gain a better understanding of the issues and challenges you want to support, you'll gain valuable experience that could help you become a paid advocate later on or pursue a career working with animals.
- **Organize fundraisers.** You can help raise funds for your cause by organizing a fundraiser. It could be as simple as a community bake sale or you could organize something more complex, such as a walk-a-thon. **More on that next...**
- **Spread the word.** There are hundreds of ways to spread the word about your cause. With your parents help, you can post updates on social media or create a dedicated social media account or blog to keep your community up to date. You can also volunteer to speak at community events, schools, churches or libraries. Keeping literature related to your cause is another way to help spread the word and inform others about what they can do to help. **Let us know what you need and we will help.**

**How wonderful
it is that nobody
need wait a
single moment
before starting
to improve the
world.
~Anne Frank**

Host a Fundraiser

There are many ways kids can host fundraisers to raise money for something they believe in and with the help of their parents and social media, they can reach a lot of people. Here are just a few ideas from our friends at [funds2org.com](https://www.funds2org.com):

- **Shoe Drive Fundraiser.** A Shoe Drive Fundraiser is the perfect fundraising idea for kids, and an ideal way to launch your fundraising strategy. Kids are steadily growing, which means you need to continue buying them new clothes and shoes to try to keep up.
- **Silent Auction.** If you are fundraising for a school, try auctioning off a school supply basket or top young adult novels to engage the kids in the gifts. Or you could auction trips for the entire family to enjoy! Possibilities are endless. Another way to get kids involved in this fundraiser is to encourage them to create the auction items themselves. Parents will love bidding on art projects by their own children!
- **Bake Sale.** Bake sales are a classic fundraiser for kids that can raise a surprising amount of cash when you have access to the right resources. First, you need an excellent product. Does your mom have a famous chocolate chip cookie recipe? Are her brownies out of this world? Ask your parents to dig into some of the old favorite recipes and share some age-old family baking secrets! Second, recruit some of the coolest sales and delivery workers around. Luckily, you already have access to that, YOUR FRIENDS!

Shoe Drive



Bake Sale



Silent Auction





Help Organize a 5K Race



Parents Night Out



Host a Carnival

More Fundraising Ideas

- **Help Organize a 5K Race.** 5K races are all the rage today! These handy fundraisers encourage kids and adults alike to get out and be active while raising money for an incredible cause. All you need to host one of these popular events is a place to run, registration forms, and a timer. For some extra fun, design custom 5K race shirts to sell at the event. In addition to raising money and encouraging a healthy lifestyle, you'll also be helping your parents get active.
- ***Bonus! Set up a shoe drive fundraising collection box at the race for the athletes to toss their shoes in once they cross the finish line.**
- **Facebook Birthday Fundraiser.** Get your parents to set up a birthday fundraiser on your birthday through Facebook. They can ask friends and family to donate to something that is very important to you. You can even shot a video and post it on your fundraising page. Tell people what inspired you to do it and educate them on why it's important and other ways they can help.
- **Parents Night Out Fundraiser.** Sometimes parents need a break. The Parents' Night Out fundraiser gives them the chance to go out on a date night, get some errands finished, or take a staycation. Essentially parents' night out is like group babysitting. Gather some volunteers to watch you and your friends while your parents take a night off. The event is listed in the top 3 fundraising events for schools by **Double the Donation**. Kids love this idea because they get to hang out with their friends. Parents love this idea because they get a well-deserved break for the evening. Plus, by charging a small fee to watch the children, your cause raises money. **Everyone wins!**
- **Carnival.** A carnival is a perfect way to get everyone together for a day of family fun. Plus you can combine multiple fundraisers for one big hoopla! Make sure you provide plenty of games for all ages during this event. From rides to guessing games, silent auctions to shoe drive fundraisers, and everything in between, you're bound to have a blast at the event.
- **Peer to Peer Fundraising.** You can also start a peer-to-peer fundraiser where you and your friends all start fundraising campaigns. Email us and we will send you info. **Great for a group, school, club, team or church project.**



Volunteer at your Local Rescue

Volunteering is a wonderful way to help your local rescue. You may need your parents' help since some shelters require volunteers be a certain age unless they're with a parent. When you find a rescue that will let you volunteer, you can walk dogs, clean up after the animals, refill water bowls, and give out toys and treats. Even just being there to socialize the animals by petting and scratching dogs behind the ears will help them feel less lonely.

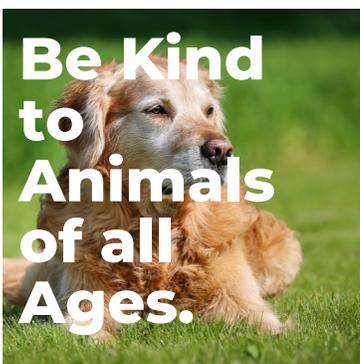
If you want to volunteer with us, have a parent go to our [website](#) to sign you guys up. We need help with puppies quite frequently.

Every year, more than **6 million animals** are taken to shelters, and about half are euthanized because there aren't enough good homes for them. If you or a friend is ready to take good care of a dog or cat (or any animal), urge them to adopt from a shelter or rescue instead of buying from a breeder or a pet store. They would be amazed at the selection they have on hand, including pure bred breeds.

There are also groups that specialize in rescuing specific breeds, such as [Neuse River Golden Retriever Rescue](#).



Adopt Animals from Shelters or Rescues and Encourage Others to do the Same.



Be Kind to Animals of all Ages.

Senior animals may sleep most of the day and not want to play very much, but they need love and care, too. Sometimes, people are more interested in puppies and kittens so older animals get ignored or neglected. Make it a point to pay some extra attention to the older animals at your local shelter whenever you stop by! If you're looking to adopt, consider taking in a senior. Many rescues have **Forever Foster** programs that will cover your expenses if you give a senior a place to live out their remaining years.



Foster an Animal

ALLBARC rescues pets from high kill shelters and at-risk situations and places them in foster care until a permanent adopter is found.

While in foster care, the foster family is provided with super premium quality food, support, and guidance. All expenses for the foster pet are covered by ALLBARC (vet care, vaccines, training classes, monthly prevention medication, etc.). We just need you to supply the love and nurturing they need until a forever family is found.

We can only rescue as many dogs as we have foster homes for so we are always looking to expand our foster network. [Submit a Foster Application](#) and help us make a difference today.

Note: It can be hard to say goodbye to an animal you've been fostering once they're adopted into a permanent home and no longer need you to take care of them. The good news is that because of you, an animal got a second chance at life in a loving home, and that's awesome! Fostering an animal is a big commitment, so you'll need to ask your parents to help while you're at school.



**You can do something big,
or you can do something small,
But whatever you do
it's better than doing nothing
at all!**

Foster. Adopt. Rescue. Advocate.

SUPPLIES FOR RESCUES

Dog & Cat Food	Collars, Harnesses & Leashes
Hay/Feed for Horses	Flea & Tick Treatment
Treats	Puppy or Kitten Formula
Cat Litter	Nursing Bottles
Cleaning Supplies & Paper Towels	Hand wash & Hand Sanitizer
Food Bowls/Litter Pans	Isopropyl & Rubbing Alcohol
Office Supplies	Laundry Detergent, Fabric Softener & Bleach
Copy Paper	Dog & Cat Beds
Grooming Supplies	Heating Pads
Newspapers	Mops, Brooms, Sponges & Brushes
Crates & Carriers	Rubber, Nitrile and Latex Gloves
Towels & Blankets	Recyclable Doggy Bags
Toys	Pooper Scoopers
Trash Bags	

Visit your local rescue's website to see what they need. Many have Amazon Wishlists you can order from to make it easy. Make sure you use Amazon Smiles when shopping to donate a portion of the cost to your favorite cause (such as the shelter themselves-WIN WIN).



Hold a Supply Drive

Running a rescue requires commitment, hard work and a lot of paper towels. Supplies are one of our greatest expenses and we are grateful for everything we've received in the past. This is a never ending need so by hosting a supply drive, you would be helping us immensely.

Please share the list on the left with others and use it for your drive. Be sure to check out our [Wishlist](#) on **Amazon** and add **All Breed Animal Rescue of the Carolinas** to your **Amazon Smiles** account.

DIY for ALLBARC

Another way to help provide ALLBARC with the things we need is to make them yourself. When we rescue an animal, one of the first things we do is clean them up and photograph them so we can share their picture on social media. Simple things like bows, bandannas and ribbons make a big difference and actually help get them adopted.

Many times, the animals are scared and confused when they first arrive. We try to comfort them with a blanket, toy and bed of their own. This can get expensive so sometimes people make these things for us and drop them off at the rescue.

There are many ways to make these things and we've provided a list of popular sites to get ideas.



- [20 Easy DIY Gifts for Shelters-TheAnimalRescueSite.com](#)
- [DIY Donations-AntiCruelty.org](#)
- [33 Dog Toys You can Make From Stuff Around the House-Barkpost.com](#)
- [12 Low-Cost Items You Can Craft for Shelter Pets \(And How to Make Them\)-AtlanticVetSeattle.com](#)
- [Craft projects, cat shelters, and more-AnimalHumaneSociety.org](#)
- [DIY for Animal Shelters-Pinterest.com](#)

Please call ahead and let us know what you're planning. We might have some additional ideas or need something more than others.



Walk Dogs for Donations

One fun way to get active and earn money for ALLBARC is to Walk Dogs for Donations using the Wooftrax app, "Walk for Your Dog".

Have your parents go to www.wooftrax.com, download the app and sign you up, then choose **All Breed Animal Rescue of the Carolinas** as your rescue and whenever you or a parent walks the dog, take the phone so it can track your steps and you'll be raising money for us. (It's FREE!) Use the app each time you grab for the leash. It's healthy for you, your dog, and your favorite shelter or rescue.



The more people actively walking with the Walk for a Dog app, the greater the donation to your selected animal organization, so be sure to tell others. Every Walk for a Dog counts, whether it's a walk around the block or a three-mile hike. Magnify your impact by sharing the app with your friends and family.



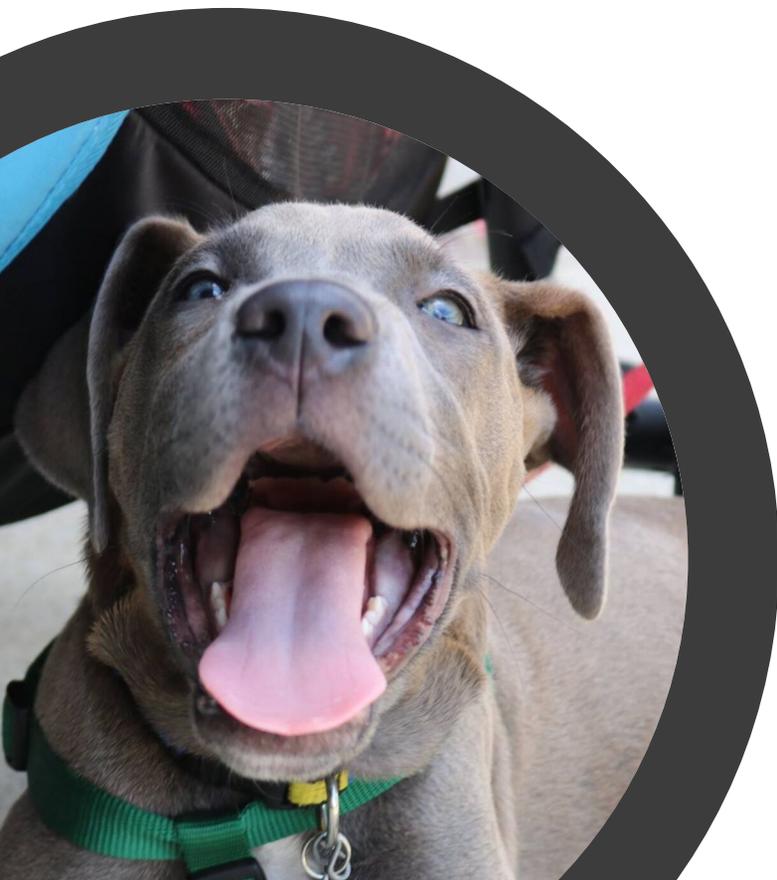
Take your walk for a dogSM
WoofTrax.com

Spread the Word

We've covered a lot in this guide and provided you quite a few options on how you can help ALLBARC or another rescue near you. More importantly, we've explained the importance of spaying and neutering your pets. That is the best way to reduce overpopulation.

With your help and that of your family and friends, we can make the impossible, possible. We can put an end to overpopulation and prevent animal neglect and abuse by advocating for animal rights, treating animals with love and kindness and telling a parent anytime we suspect an animal is being treated poorly.

Thank you for taking the time to read through this and for doing your part to help animals in need.



"THE QUESTION IS NOT, 'CAN THEY REASON?' NOR 'CAN THEY TALK?' BUT 'CAN THEY SUFFER?'"
- JEREMY BENTHAM

BONUS!

If you would like to make a big impact every month, join **The League of ALLBARC Superheroes.**



Talk to your parents and see what you could do around the house to make a monthly donation of \$10 or more. You will get your own superhero name, a copy of our quarterly newsletter, tickets to events and much more. More importantly, you will help a dog every month by providing vaccines, flea, tick and heartworm meds, microchipping, and more so we can get them ready for adoption.

If you're on social media, be sure to follow us and share our pages and content with others.



All Breed Animal Rescue of the Carolinas

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